

KIMBALL PUBLIC SCHOOLS BREAKFAST AND LUNCH MENU

NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
		FRUIT PIZZA SAUSAGE PATTY CANTALOUPE ORANGE	1 - SPAGHETTI 2 - LASAGNA 3 - CHEF SALAD GARLIC TOAST TOSSED SALAD	CAKE DONUT CHEESE STICK JUICE APPLESAUCE	1 - BEEF TACOS 2 - CHEESEBURGER 3 - CHEF SALAD COOKIE REFRIED BEANS	BISCUITS & GRAVY JUICE APRICOTS	1 - GRILLED CHICKEN SANDWICH 2 - ITALIAN SUB SANDWICH 3 - CHEF SALAD CALIFORNIA VEGGIES		
OMELET TOAST JUICE APPLESAUCE	1 - TERIYAKI CHICKEN 2 - BBQ PORK SANDWICH 3 - CHEF SALAD BROWN RICE BABY CARROTS	SAUSAGE/EGG ON BISCUIT BANANA PEARS	1 - FRIED CHICKEN 2 - MEATBALL SANDWICH 3 - CHEF SALAD BREAD AND BUTTER CORN	MUFFINS GRAHAM CRACKERS JUICE TROPICAL FRUIT	ROAST TURKEY MASHED POTATOES GREEN BEANS DINNER ROLL DESSERT	WAFFLES CRACKERS APPLE PEACHES	1 - CHICKEN NUGGETS 2 - CHEESEBURGER 3 - CHEF SALAD MAC & CHEESE BROCCOLI	PANCAKE ON A STICK HASHBROWN PATTY JUICE PINEAPPLE	1 - SLOPPY JOES ON WG BUN 2 - CHEESE RAVIOLI 3 - CHEF SALAD BLACK BEAN SALAD JUICE
FRENCH TOAST HASHBROWN PATTY APPLE PINEAPPLE	1 - CHICKEN STRIPS 2 - HOT TURKEY SANDWICH 3 - CHEF SALAD *BREADSTICK BAKED BEANS	BANANA BREAD YOGURT JUICE FRUIT COCKTAIL	1 - CHILI CHEESE FRITOS 2 - MEATBALL SANDWICH 3 - CHEF SALAD BABY CARROTS	BREAKFAST BURRITO ORANGES APPLESAUCE	1 - TATER TOT CASSEROLE 2 - HOMEMADE PIZZA 3 - CHEF SALAD BISCUIT CORN	BREAKFAST PIZZA CANTALOUPE ORANGE	1 - CORN DOGS 2 - CHEESEBURGER 3 - CHEF SALAD RICE KRISPY TREAT CHEESY BROCCOLI	BAGEL CHEESE CUBES JUICE FRESH FRUIT	1 - CHICKEN FAJITA 2 - SHEPERD'S PIE 3 - CHEF SALAD SPANISH RICE CAULIFLOWER
DO YOU NEED TO PUT MONEY IN YOUR MEAL ACCOUNT? YOU CAN DO THAT ON-LINE VIA THE INFINITE CAMPUS PORTAL									
PANCAKES CHEESE STICK JUICE ORANGE	1 - MANDARIN ORANGE CHICKEN 2 - HOT TURKEY SANDWICH 3 - CHEF SALAD ORIENTAL RICE FRESH BROCCOLI	LONG JOHN DONUT SAUSAGE PATTY BANANA PEACHES	1 - CHEESEBURGER 2 - MEATBALL SANDWICH 3 - CHEF SALAD *BREADSTICK FRENCH FRIES	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL		
WAFFLES HAM PATTY JUICE PEACHES	1 - CRISPITOS 2 - HOT TURKEY SANDWICH 3 - CHEF SALAD SPANISH RICE CHEESY BROCCOLI	OATMEAL CHEESE CUBES APPLE PEARS	1 - CAVATINI 2 - LASAGNA 3 - CHEF SALAD *WG BREAD PEAS & CARROTS	CINN PRETZEL STICK SAUSAGE PATTY CANTALOUPE ORANGE	1 - CHICKEN NUGGETS 2 - HOMEMADE PIZZA 3 - CHEF SALAD JUICE BAKED BEANS	CAKE DONUT CHEESE STICK JUICE APPLESAUCE	1 - CHILI AND CRACKERS 2 - CHICKEN STRIPS 3 - CHEF SALAD CINNAMON ROLL CELERY AND CARROTS		

LUNCH OPTIONS

OPTION 1 IS SERVED AT MARY LYNCH
OPTION 1, 2, AND 3 IS SERVED AT THE JUNIOR AND SENIOR HIGH SCHOOL

* Items are additional offerings at the high school

Whole Grain Hamburger Buns made fresh at the Kimball Bakery
CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE AND STRAWBERRY MILK OFFERED WITH EVERY MEAL

Apples

More than 2,500 varieties of apples are grown in the United States, but only the crabapple is native to North America.

Apples contain no fat, sodium or cholesterol and are a good source of fiber.

Apple trees take four to five years to produce their first fruit.

Weekly emails are available to provide you with your meal account balance. To sign up please email dterill@kpslonghorns.org

Menu subject to change based on availability

This institution is an equal opportunity provider